

PHED 1336

Introduction to Recreation

Western Texas College

Department of Physical Education

I. Course Description

Fundamental theory and concepts of recreational activities with emphasis on programs, planning, and leadership

A. B. Prerequisites – None

II. Methods of Instruction

A. Handouts

B. Individual demonstration

C. Reading

III. Textbook

Introduction to Recreation and Leisure 3rd Edition: By Tyler Tapps and Mary Sara Wells
ISBN: 978-1-4925-4312-1

IV. Student Learning Outcomes

Upon successful completion of the course the student will:

Describe the Role that parks, recreation, and leisure plays in all facets of life for all people.

Discuss how leisure and recreation, whether as a solitary activity or undertaken with friends, family, or large groups, affect and are affected by society

Identify the three sectors that deliver leisure services to the public and the ways they operate.

Describe programs from the recreation industry that address developmental characteristics across the lifespan.

Identify career opportunities in outdoor and adventure recreation.

Identify the historical developments in recreation and leisure.

V. Grade Categories / Course Requirements

- A. Test over chapters 100 points each
- B. Chapter questions 20 points each
- C. Papers/Assignments 50 points each
- D. Current Articles 10 points
- F. Group Project 100 points

A - 90 to 100

B - 80 to 89

C - 70 to 79

D - 60 to 60

F - 0 to 59

A. Test

There will be 4 total test that will cover each chapter in the textbook.

Test 1 Chapters 1-5

Test 2 Chapters 6-10

Test 3 Chapters 11-14

Test 4 Final Chapters 15-19

B. Chapter Questions

Each chapter will have a course question. For this assignment students will answer a chapter question for all chapters. There will be one or more questions due each week during the course. Each written summary is to be at least two paragraphs over what the question covers, and your thoughts on the topic covered.

C. Current Articles

For this assignment you will find a current Recreation and Leisure news article. There will be articles throughout the course. You may find this article online. I have posted an example on Moodle. Each written summary of the article is to be at least two paragraphs over what the article covers, and your thoughts on the article.

D. Papers/Assignments

The course will have papers and assignments that are due throughout the course. These papers will cover topics that we are discussing in this course during the semester.

E. Group Project

Students will be provided a handout for this assignment during the course. This project will have in class work time and out of class work time.

VI. Late work policy

All work is due on dates assigned if student wishes to receive full credit. However, I do realize that circumstances can lead to assignments being late or not turned in. If you wish to make up work talk with instructor, and it is up to the instructor for approval to turn in late work. Instructor has right to drop students for failure of attendance or missed class work. Make sure to check D2L date for last day to complete any late work for semester. If you miss an assignment, please email instructor before submitting it into D2L for instructions on how to submit any late course work.

VII. Other Policies: Refer to the WTC Course [Catalog](#) for the following:

A. Campus Calendar

- B. Final Exam Schedule
- C. How to Drop a class
- D. Withdrawal information
- E. Student Conduct/Academic Integrity
- F. Students with disabilities

VIII. Course Organization & Tentative Schedule*

Week 1	1 st day Introduction, syllabus and course content/ Chapter 1 Power, Promise, Potential and Possibilities of Parks, Recreation, and Leisure	Chapter question/ Article
Week 2	Chapter 2 History of Recreation	Chapter question/ Article
Week 3	Chapter 3 Philosophy and Leisure	Chapter question/ Article
Week 4	Chapter 4 Leisure and Recreation for individuals in Society	Chapter question/Course paper
Week 5	Chapter 5 Leisure Services and Delivery Systems	Chapter question/Course paper/ Test 1
Week 6	Chapter 6 Parks and Protected Areas in Canada and United States	Chapter question/ Article
Week 7	Chapter 7 Public Recreation	Chapter question/
Week 8	Chapter 8 Nonprofit Sector	Chapter question/Course paper/ Test 2
Week 9	Chapter 9-10 For-profit sector: Recreation, event, and Tourism Enterprises/ Therapeutic Recreation	Chapter question/Course paper/ Article
Week 10	Chapter 11 Unique Groups, Correctional	Chapter question/ Course paper/ Article

	Recreation, Faith Based Recreation, Worksite Recreation and Health Promotion, and Recreation in the Armed Forces	
Week 11	Chapter 12 Leisure and Recreation Across the Life Span	Chapter question/Group Project start/ Article
Week 12	Chapters 13-14 Program and Delivery Services/Recreational Sport Management	Chapter question/Test 3
Week 13	Chapters 15-16 Health, Wellness and Quality of Life/ Outdoor and Adventure Recreation	Chapter question/ Article
Week 14	Chapters 17-18 Arts and Culture/ The nature of Recreation and leisure as a Profession	Chapter question/ Article
Week 15	Chapter 19 International Perspectives on Recreation and Leisure	Study for finals/Group Project presentation
Week 16	Final Exam	Test 4

Schedule subject to change due to weather, class needs, or instructor choice